

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## **Lorraine Arlow**

Has successfully participated & completed the

5km Navworld Nite Series 2016/2017 - Race 4

held at Zwartkops Country Club.

## **TIME** 00:45:12

**PACE** 09:01/km **OVERALL** 120 of 183

08 February 2017, Wed

outTime

Signature

**GENDER** 61 of 104

40 - 49 17 of 27

Date